



VOLUNTEER OPPORTUNITY
Garden Assistant
at Medicine Wheel Garden

Frog Hollow Neighbourhood House is a community service organization serving the Hastings-Sunrise community. **We are looking for individuals with a love for the natural world.** The successful candidate will be comfortable working in a garden and doing some physically demanding work. They will be able to work independently as well as with a culturally diverse team to support in community programs. Working under the general direction of the Intergenerational Coordinator, the garden assistant will be contributing to a vibrant community that cares for and learns from the land.

Position: Garden Assistant
Hours: Minimum 2 hours every two weeks
Method: In person
Timeline: Application – May 2023
Orientation – June 2023
Commitment – flexible (May to September 2024)

Duties and Responsibilities:

- Watering the [P'ipam Lelum Medicine Wheel Garden](#) at Clinton Park (2690 Grant Street Vancouver)
- Checking on the well-being of the plants in the garden
- Assisting with planting or caring for the plants
- Learning about Indigenous plants and how they are connected to the people of this land
- Connecting with community members at the garden and informing them of the garden project
- Disposing of any rubbish in the garden
- Notifying Frog Hollow staff of any damage/concerns in or around the garden and Fieldhouse
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Benefits for applicants:

- Gain knowledge about Indigenous plants and culture
- Improve gardening and communication skills
- Volunteer hours can be used towards fulfilling graduation requirements
- Gain experience working with community
- Light physical exercise to improve health and well-being

Apply by emailing to volunteer@froghollow.bc.ca

Frog Hollow Neighbourhood House,
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