

Shine a light on

# WORLD ELDER ABUSE AWARENESS DAY

FREE **Webinar**June 15, 2021 *10-12pm* 

Funded by the Government of Canada's New Horizons for Seniors Program





### 15 JUNE 2021 | WEAAD Webinar Schedule

Bring greater recognition of the mistreatment of older adults through prevention activities that allow seniors in the community to live safely and with dignity

1000-1030	Opening	
1030-1045	VPD Elderly Abuse Mandate & 10 Ways to Protect Yourself from Fraud and Identity Theft  What is a summer of the state of th	Vancouver Police Department Elder Abuse Unit & Hastings Sunrise Community Policing Centre
1045-1100	Culturally Appropriate Resources on Seniors' Financial Abuse Prevention-华 语长者如何防范财务诈骗	Daisy Au, Coordinator Chinese BC Association of Community Response Networks
1100-1115	Wellness & Movement  COLLINGWOOD  Neighbourhood House	Eda Ertan, Health Link Coordinator, Yoga & Activity Coach Vancouver Renfrew Collingwood Community Response Network
1115-1130	Protecting Indigenous Elders in the community  Aboriginal FRIENDSHIP CENTRE SOCIETY	Kaila Wong, Program Administrator Vancouver Aboriginal Friendship Centre
1130-1145	SGSC's 2021 Resource Directory for Older Adults  SOUTH GRANVILLE SOUTH GRANVILLE SENIORS CENTRE	Rachael Hannesson, Program and Volunteer Coordinator South Granville Seniors Centre
1145-1200	Closing	

### WELCOME! June 15, 2021 World Elder Abuse Awareness Day





Please Mute. 請將您的麥克風靜音。

Please type in the display name you'd like to appear in zoom if needed. 如需,請"重新命名"您的顯示名稱。



### How to Text/Chat 如何發送聊天信息

Click "Chat" in the lower section of your Zoom application. You can type your questions in the chat window during the webinar。 如在會議進行中有任何疑問,您可以點擊窗口下端的"聊天",開啟窗口,進行提問。



Our welcoming and inclusive community is located in the vibrant Hastings-Sunrise and north Renfrew-Collingwood neighbourhoods of East Vancouver, on the traditional, unceded and occupied territories of the Skwxwú7mesh (Squamish), Səlílwəta?/Selilwitulh (Tsleil-Waututh), and xwməθkwəýəm (Musqueam) Nations.

# WELCOME

Welcome

Susan Liu Woronko

Director of Family, Seniors and Newcomers Programs

Opening Prayer

Ti' te-in (Shane Pointe)

xwmuthkwey'um Musqueam Elder, Knowledge Keeper & Artist

Introducing our Panelists

Lysandra Chan

Coordinator of Seniors Program



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# WELCOME

## Susan Liu Woronko

Director of Family, Seniors and Newcomers Programs

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# OPENING PRAYER

Ti' te-in (Shane Pointe)

xwmuthkwey'um Musqueam Elder, Knowledge Keeper & Artist





# OPENING STATEMENT

# Lysandra Chan

Coordinator of Seniors Program

#### FROG HOLLOW SENIORS PROGRAM



https://www.froghollow.bc.ca/programs-services/seniors/

















### **CONTACT**

Hastings Sunrise Community Policing Centre

(604) 717-3584 hastingssunrisecpc.com info@hscpc.com 2620 E Hastings St, Vancouver, BC

Vancouver Police Department

Non-Emergency: (604)-717-3321

Emergency: 9-1-1

# VANCOUVER POLICE DEPARTMENT ELDER ABUSE UNIT & HASTINGS SUNRISE COMMUNITY POLICING CENTRE

**About Hastings Sunrise Community Policing Centre** 

Nina Kreis, Coordinator Hastings Sunrise Community Policing Centre

VPD Elderly Abuse Mandate & "10 Ways to Protect Yourself from Fraud and Identity Theft"

Cst. Mariya Zhalovaga
Neighbourhood Police Officer
Vancouver Police Department Elder Abuse Unit







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Hastings Sunrise Community Policing Centre

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# VANCOUVER POLICE DEPARTMENT ELDER ABUSE UNIT & HASTINGS SUNRISE COMMUNITY POLICING CENTRE

https://vpd.ca/police/crime-prevention/for-individuals/index.html

https://vpd.ca/police/organization/investigation/investigative-services/special-investigation/elder-abuse.html

### Security tips for seniors:

https://vpd.ca/police/crime-prevention/for-individuals/safety-seniors.html





# Daisy Au, *Coordinator*Chinese BC Association of Community Response Networks





## CHINESE COMMUNITY RESPONSE NETWORK

The Chinese Community Response Network (CCRN) is one of the 81 CRNs in BC, comprises of community organizations and volunteers who are committed to forming a coordinated response to the abuse, neglect and self-neglect of vulnerable adults in the Chinese communities.

Chinese CRN also plays a role in community education to try to prevent these abuses.

In April, the CCRN organized 4 focus groups for Mandarin and Cantonese-speaking seniors on the topic of seniors' financial abuse in BC.

The insights and feedback gathered will help inform the development of resources and training on elder abuse prevention in the future. The first two culturally appropriate audio drama podcasts were created for WEAAD



One State | Same | Same



Know more: https://bccrns.ca/bccrnsnetwork/chinese-community-response-network/



# Daisy Au, *Coordinator*Chinese BC Association of Community Response Networks





## CHINESE COMMUNITY RESPONSE NETWORK



The skits podcast/videos can be accessed on the MOSAIC and Chinese Community Response Network website:

https://bccrns.ca/bccrnsnetwork/chinese-community-response-network/

https://www.mosaicbc.org/blog-post/raising-awareness-of-financial-elder-abuse/





Suzanne Liddle, *Coordinator*, Vancouver Renfrew Collingwood Community Response Network

Eda Ertan, Health Link Coordinator Yoga and Activity Coach Collingwood Neighbourhood House



# VANCOUVER RENFREW COLLINGWOOD COMMUNITY RESPONSE NETWORK





Know more: https://bccrns.ca/bccrnsnetwork/renfrew-collingwood-community-response-network/



# Eda Ertan, Health Link Coordinator Yoga and Activity Coach Collingwood Neighbourhood House





## WELLNESS & MOVEMENT

"Compassionate breath and mindful movement are keys to activate the healer within."
-Eda Ertan

Eda is professionally and personally committed to conscious movement and conscious living as a way to activate the 'healer' within. She has expressed this commitment by playing a leadership role in fostering healthy and equitable communities as a wellness coach and teacher of meditation & movement classes.

Eda is a Meridian Yoga Therapy Teacher, Meditation Instructor, and Wellness & Movement Coach. In 2020 & 2021, she had the honor to co-facilitate Vinyasa Yoga Teachers Training, Stillness Activism Meditation workshops and Compassionate Listening courses during COVID-19, she is currently working in the community serving older adults as a Health Link Coordinator as well as offering online and in-person, public and private movement classes in Vancouver, BC.

Eda continues to deepen her holistic practices by working with mentors and devoting her studies into Neuroscience, Psychology, Traditional Chinese Medicine, Meridian Yoga Therapy and contemporary Sufi teachings.









# Eda Ertan, Health Link Coordinator Yoga and Activity Coach Collingwood Neighbourhood House





## WELLNESS & MOVEMENT

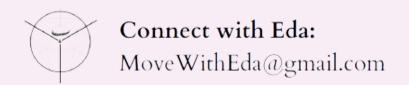
"Compassionate breath and mindful movement are keys to activate the healer within."
-Eda Ertan

You can join Eda's classes in-person AND on Zoom. Every Wednesday at 5:00 pm at Collingwood Neighbourhood House, Annex Studio (3690 Vanness Ave).

You can also register in-person or over the phone 604-428-9142)

#### **Know more**

https://www.cnh.bc.ca/event/the-power-flow-yogamovement











Kaila Wong *Program Administrator*Vancouver Aboriginal

Friendship Centre Society

# VANCOUVER ABORIGINAL FRIENDSHIP CENTRE SOCIETY

### Protecting Indigenous Elders in the Community

- Who am I? My aboriginal ancestry & my role with VAFCS
- What services does VAFCS offer to our community
- Overview of services and programs offered to Elders
- The importance of community and cultural wisdom for the next generation
- Our new development project that will include Senior living spaces



Know more <a href="http://www.vafcs.org/">http://www.vafcs.org/</a>



Rachael Hannesson, *Program*and *Volunteer Coordinator*South Granville Seniors
Centre



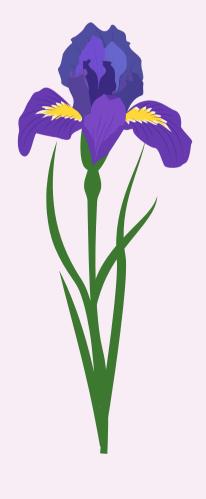
https://www.southgranvilleseniors.ca/

## SOUTH GRANVILLE SENIORS CENTRE

SGSC's 2021 Resource Directory for Older Adults



To receive your free copy of this Resource Guide: please call 604-732-0812 or visit us in person at 1420 W 12th Ave



# CLOSING





# THANK YOU

Elder Ti' te-in (Shane Pointe)

#### Nina Kreis

Hastings Sunrise Community Policing Centre

### Cst. Mariya Zhalovaga

Vancouver Police Department Elder Abuse Unit

### Daisy Au

Chinese BC Association of Community Response Networks

#### Eda Ertan

Renfrew-Collingwood CRN

### Kaila Wong

Vancouver Aboriginal Friendship Centre Society

#### Rachael Hannesson

South Granville Seniors Centre



# Thank you

Funded by the Government of Canada's New Horizons for Seniors Program



## NEW HORIZON FOR SENIORS PROGRAM

#### Program objectives

- Promote volunteerism among seniors and other generations
- Engage seniors in the community through the mentoring of others
- Expand awareness of elder abuse, including financial abuse
- Support the social participation and inclusion of seniors
- Provide capital assistance for new and existing community projects and programs for seniors

# THANK YOU PARTNERS!

City of Vancouver
BC CRN
Families Canada
Frog Hollow Multicultural Seniors Advisory Committee
Frog Hollow Youth Advisory Committee
NEVAAN - Kiwassa Neighbourhood House & Beulah Gardens
SFU Gerontology
United Way of Lower Mainland
Urban Native Youth Association
Vancouver Aboriginal Friendship Centre
Vancouver Aboriginal Community Policing Centre
Vancouver Parks Board





#### **CONTACT**

#### Lysandra Chan

(604) 836-4028 lysandra@froghollow.bc.ca 2131 Renfrew St, Vancouver, BC



# FROG HOLLOW SENIORS PROGRAM



To be launched on July 20th, 2021:

- Digital Literacy Program
- Information, Referral & Advocacy Program





Know more, please visit: <a href="https://www.froghollow.bc.ca/programs-services/seniors/">www.froghollow.bc.ca/programs-services/seniors/</a>

"Our elders deserve a safe, healthy environment," says Lanny, a member of the Frog Hollow's Multicultural Seniors Advisory Committee. "Let's ensure their physical comforts and mental well beings are attended to."

WEAR PURPLE ON JUNE 15TH

WORLD ELDER ABUSE AWARENESS DAY

